

February, 2025

AI's Corner

Everything you've always wanted to know



**The Truth
Is Out
There....**

**Greetings and
Salutations Fellow
Snowmobiling
Enthusiasts**

**PREPARE TO HAVE YOUR
MIND EXPANDED...**



The First Wealth Is Health: Preventing Coronary Artery Disease Part 3

I had a friend who was my age and I went to school with him. He had joined the army, and eventually was discharged, but could never hold down a job because he had so many health issues. For a long time, I thought they all might just be in his head, as how could someone be so young yet have the body of a 95 year old man? I asked him what started all of it, and he said the arteries in his neck, the ones feeding his brain, were not getting enough blood due to blockages. I'm like "Can't they just Roto-Rooter them out?" He said, no, that the blockages were like concrete. That really got me thinking. If all blockages were simply caused by plaque, they could go in and just suck out the blockages. There's nothing in our diet of food that is going to end up setting up like concrete. Meat? Fat? Cholesterol? That stuff stays pretty malleable, especially in a host body of 98.6° No, I'm just not buying that blockages as hard as concrete are simply plaque. I'm thinking they ARE concrete, not simply "like" concrete.

Many years ago, I took plumbing in Vo-Tech. I just seemed to have a knack for it, and for never having any leaks on any plumbing project I worked on. I thought that might be a sign that I should go into it for a living, since I was naturally good at it. I didn't pursue it as a career, however, I did learn a lot. I had a friend who had unbelievably low water pressure in his home, but ONLY on the hot water side, the cold water seemed fine. He asked me if I could look at it. I thought about it a little and guessed that maybe the fitting coming out of the water heater might be plugged up, as it was every hot water source in the house that was affected. So, I shut the water supply to the home off, and took a pipe cutter, and cut about 4 inches of the pipe coming out of the water heater. I unscrewed the fitting, lo and behold, that fitting was nearly plugged with a beige substance that was as hard as concrete. This home didn't contain any water softener. This fitting had an opening of about the width of a pencil, and the rest of it was closed off. Mind you, most homes have over 50 pounds of water pressure in them, yet this hard, concrete like substance, was able to build up, and not get washed farther into the pipe with that much water pressure. Humans have about 2 1/2 pounds of blood pressure in their bodies. Now, if lime deposits can form at 50+ pounds of pressure, can it also form at 2 1/2 pounds? I'm thinking it can! Next month, I'll start giving you some answers, instead of just scaring you.